

Impact Training

*Creating Layers of Protection at your Swim
Facility*

1st Layer Facility Agency set-up

- Proper Signage
- Water Safety Handouts
- Website Updates
- “Child Supervision” Rule
- Swim Talks
 - On-site
 - Off-site

2nd Layer

Facility Configuration

- Blind Spots
- Both Closed and Open
 - Do they change throughout the day?
- Using a Submerged Manikin
- Knowing the Zones/ Number of Guards
- The Benefits of Ground-level and Elevated
- Response Time
 - What is it?
 - Does it change depending on the activities at your facility?

3rd Layer

Knowing your Staff Knowing your Public

For Staff:

- Who drowns?
- Do they know where drowning ranks in preventable deaths?
- Who visits the swim facility?
“All patrons are non-swimmers.”
- How long can someone hold their breath?
- How quickly can someone get into trouble?

3rd Layer

Knowing your Staff

Knowing your Public

- Scanning
 - What type of scanning technique does your staff use?
- Keep it simple
 - Establish your scanning techniques
 - Arc
 - Parallel
 - Spoke
- What are we *really* scanning for?
 - Behavior identification, then acting.
 - Peripheral, Midrange and Inner
 - Laryngospasm

3rd Layer

Knowing your Staff Knowing your Public

- Knowing your Public:
 - Profiling: Good or Bad?
 - Activities
 - Clothing
 - Posture

“All patrons are non-swimmers.”

4th Layer

Training Your Staff

- Moving away from the Cookie Cutter Training
- Training Response
- Training on Extrication
- Rewarding Prevention

5th Layer

Supervising Your Staff

- Audits
- Ready Response Drills
- Red Ball Drills
- Secret Shoppers
- Vigilant Voice
- Scenarios